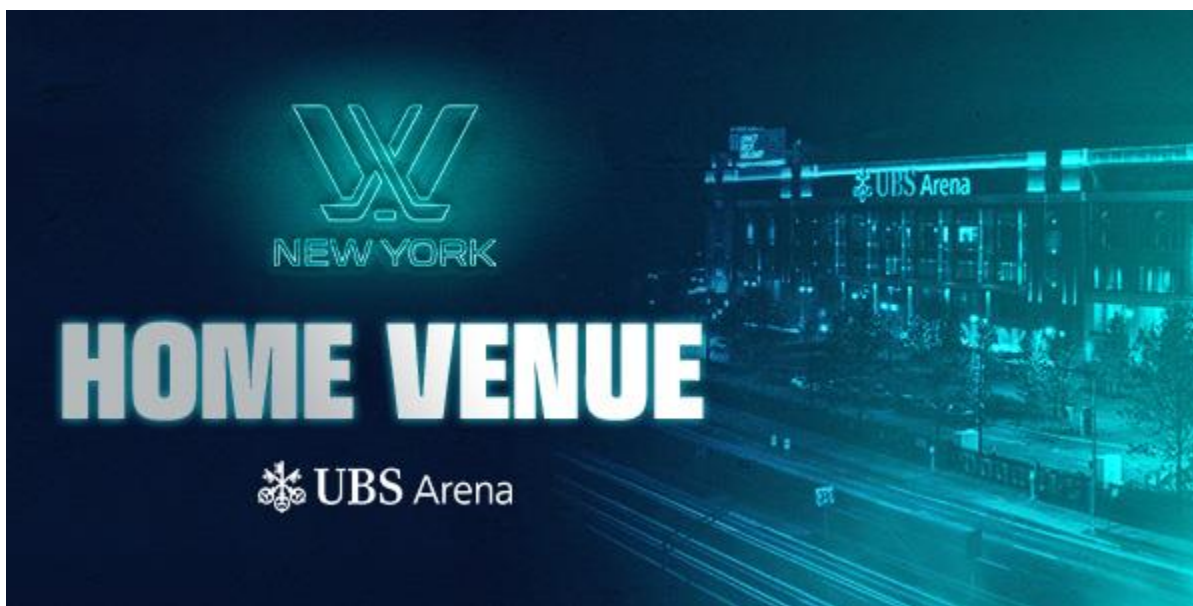


FOR IMMEDIATE RELEASE

**PROFESSIONAL WOMEN'S HOCKEY LEAGUE (PWHL)  
ANNOUNCES 2024 REGULAR-SEASON SCHEDULE  
INCLUDING GAMES AT UBS ARENA**

*Historic inaugural season features 72 games beginning January 1*



TORONTO, ON (November 30, 2023) - The [Professional Women's Hockey League \(PWHL\)](#) has announced its official 2024 regular-season schedule that begins on Monday, January 1, and concludes on Sunday, May 5, 2024. The inaugural PWHL season consists of 72 games, with each of the league's six teams competing 24 times.

"Our inaugural season schedule features games being played at exceptional venues, at a variety of times, across all seven days of the week – offering multiple options for our fans," said Stan Kasten, PWHL Advisory Board member. "We are excited to drop the puck on New Year's Day and launch a new era of professional women's hockey."

The following eight venues will serve as homes for the great majority of PWHL games this season: Boston will play at the Tsongas Center at UMass Lowell located in Lowell, Massachusetts. Minnesota will use the Xcel Energy Center, in downtown Saint Paul. Ottawa will play at The Arena at TD Place in the heart of Canada's capital city. Toronto games will take place at the downtown Mattamy Athletic Centre. Montreal will split its games between the Verdun Auditorium and Place Bell in Laval, Quebec. New York will also play its home games in two different venues including Total Mortgage Arena in Bridgeport, Connecticut, and UBS Arena, located within historic Belmont Park, New York.

"We are extremely pleased to be welcoming the PWHL to UBS Arena during their inaugural season," said Kim Stone, President UBS Arena. "I'm proud that women's hockey is getting a beautiful new building to call its home for a number of games during this historical moment in women's sports history. We are

excited to welcome the New York team and passionate hockey fans within the region into our home during 2024.”

Five home openers in the first six days of January headline the schedule launch, with all eyes on Toronto for the first game in league history to be played on New Year’s Day. Top PWHL talent will converge in Toronto for NHL All-Star Thursday on Feb. 1 at Scotiabank Arena and the Canadian Tire PWHL 3-on-3 Showcase™, part of 2024 NHL All-Star Weekend. The weekend also includes a Saturday afternoon game between Toronto and Minnesota at Mattamy Athletic Centre on Feb. 3.

The 72 regular-season games land on 51 different dates, including 32 standalone matchups, 17 days with two games, and two days where all six teams are in action. The schedule is also spread out with games played on all seven days of the week. 22 games on Saturdays, 21 games on Wednesdays, 13 games on Sundays, six Fridays, six Tuesdays, three Mondays, and one Thursday game. A minimum of 28 games have confirmed afternoon puck drops to provide additional flexibility for fans of all ages.

“Having the privilege to showcase our skills in front of our dedicated fans, in a top-tier arena, represents an opportunity that impeccably aligns with the professional standards upheld by the PWHL,” said Pascal Daoust, PWHL New York General Manager. “It promises to be a premier sports experience not only for our athletes but also our fans, allowing them to gather in greater numbers and take immense pride in standing united behind our team!”

The schedule is constructed so that each team will play head-to-head a minimum of four times including twice at home and twice on the road, and four of a team’s five opponents will be played five times throughout the season. In all cases, American and Canadian teams will compete five times against the other teams in their country. The schedule also pauses in February for an IIHF National Team Break, and in April for the IIHF Women’s World Championship. Playoffs will begin the week of May 6.

Season ticket memberships will be available for purchase the week of Dec. 4, with early access granted to fans who have placed ticket deposits. Single game and group tickets will be made available in the coming weeks, as well as half season plans in select markets. Fans can sign up to receive the most updated ticket information by subscribing to the PWHL e-newsletter at [this link](#).

### **2024 PWHL REGULAR SEASON SCHEDULE:**

*Select game times and venues will be announced at a later date and are listed (TBA). All schedule dates and times are subject to change.*

#### **Monday, January 1, 2024**

12:30 p.m. ET – New York at Toronto – [Mattamy Athletic Centre](#)

#### **Tuesday, January 2, 2024**

7:00 p.m. ET – Montreal at Ottawa – [The Arena at TD Place](#)

#### **Wednesday, January 3, 2024**

7:00 p.m. ET – Minnesota at Boston – [Tsongas Center at UMass Lowell](#)

#### **Friday, January 5, 2024**

7:00 p.m. ET – Toronto at New York – [Total Mortgage Arena](#)

**Saturday, January 6, 2024**

3:30 p.m. ET – Montreal at Minnesota – [Xcel Energy Center](#)

**Monday, January 8, 2024**

6:00 p.m. ET – Ottawa at Boston – [Tsongas Center at UMass Lowell](#)

**Wednesday, January 10, 2024**

7:00 p.m. ET – Montreal at New York – [UBS Arena](#)

8:00 p.m. ET – Toronto at Minnesota – [Xcel Energy Center](#)

**Saturday, January 13, 2024**

1:00 p.m. ET – Ottawa at Toronto – [Mattamy Athletic Centre](#)

3:30 p.m. ET – Boston at Montreal – [Verdun Auditorium](#)

**Sunday, January 14, 2024**

4:00 p.m. ET – New York at Minnesota – [Xcel Energy Center](#)

**Tuesday, January 16, 2024**

7:00 p.m. ET – New York at Montreal – [Place Bell](#)

**Wednesday, January 17, 2024**

7:00 p.m. ET – Boston at Toronto – [Mattamy Athletic Centre](#)

7:00 p.m. ET – Minnesota at Ottawa – [The Arena at TD Place](#)

**Saturday, January 20, 2024**

12:30 p.m. ET – New York at Boston – [Tsongas Center at UMass Lowell](#)

8:00 p.m. ET – Toronto at Montreal – [Verdun Auditorium](#)

**Tuesday, January 23, 2024**

7:00 p.m. ET – Toronto at Ottawa – [The Arena at TD Place](#)

**Wednesday, January 24, 2024**

7:00 p.m. ET – Boston at Ottawa – [The Arena at TD Place](#)

8:00 p.m. ET – Montreal at Minnesota – [Xcel Energy Center](#)

**Friday, January 26, 2024**

7:00 p.m. ET – New York at Toronto – [Mattamy Athletic Centre](#)

**Saturday, January 27, 2024**

3:30 p.m. ET – Ottawa at Montreal – [Place Bell](#)

4:00 p.m. ET – Minnesota at Boston – [Tsongas Center at UMass Lowell](#)

**Sunday, January 28, 2024**

1:00 p.m. ET – Minnesota at New York – [Total Mortgage Arena](#)

**\*NHL All-Star Thursday, February 1, 2024\***

6:00 p.m. ET - CANADIAN TIRE PWHL 3-ON-3 SHOWCASE™- [Scotiabank Arena](#)

**Saturday, February 3, 2024**

12:00 p.m. ET – Minnesota at Toronto – [Mattamy Athletic Centre](#)

**Sunday, February 4, 2024**

1:00 p.m. ET – New York at Ottawa – [The Arena at TD Place](#)

3:30 p.m. ET – Montreal at Boston – [Tsongas Center at UMass Lowell](#)

**IIHF NATIONAL TEAM BREAK**

**Wednesday, February 14, 2024**

8:00 p.m. ET – Ottawa at Minnesota – [Xcel Energy Center](#)

8:00 p.m. ET – Toronto at Boston – [Tsongas Center at UMass Lowell](#)

**Friday, February 16, 2024**

7:00 p.m. ET – Montreal at Toronto – [Mattamy Athletic Centre](#)

**Saturday, February 17, 2024**

2:00 p.m. ET – Minnesota at Ottawa – [The Arena at TD Place](#)

4:00 p.m. ET – New York at Boston – [Tsongas Center at UMass Lowell](#)

**Sunday, February 18, 2024**

1:00 p.m. ET – Minnesota at Montreal – [Place Bell](#)

**Wednesday, February 21, 2024**

7:00 p.m. ET – Ottawa at Boston – [Tsongas Center at UMass Lowell](#)

7:00 p.m. ET – Montreal at New York – [UBS Arena](#)

**Friday, February 23, 2024**

7:00 p.m. ET – New York at Toronto – [Mattamy Athletic Centre](#)

**Saturday, February 24, 2024**

2:30 p.m. ET – Ottawa at Montreal – [Verdun Auditorium](#)

**Sunday, February 25, 2024**

4:00 p.m. ET – Boston at Minnesota – [Xcel Energy Center](#)

**Tuesday, February 27, 2024**

Time TBA – Toronto at Minnesota – Venue TBA

**Wednesday, February 28, 2024**

7:00 p.m. ET – New York at Ottawa – [The Arena at TD Place](#)

**Saturday, March 2, 2024**

3:30 p.m. ET – Toronto at Ottawa – [The Arena at TD Place](#)

4:00 p.m. ET – Boston at Montreal – [Verdun Auditorium](#)

**Sunday, March 3, 2024**

12:30 p.m. ET – Minnesota at New York – [UBS Arena](#)

**Tuesday, March 5, 2024**

8:00 p.m. ET – Ottawa at Minnesota – [Xcel Energy Center](#)

**Wednesday, March 6, 2024**

7:00 p.m. ET – Boston at Toronto – [Mattamy Athletic Centre](#)

7:00 p.m. ET – Montreal at New York – [Total Mortgage Arena](#)

**Friday, March 8, 2024**

7:00 p.m. ET – Montreal at Toronto – [Mattamy Athletic Centre](#)

**Sunday, March 10, 2024**

3:30 p.m. ET – New York at Boston – [Tsongas Center at UMass Lowell](#)

4:00 p.m. ET – Ottawa at Montreal – [Place Bell](#)

**Wednesday, March 13, 2024**

8:00 p.m. ET – Boston at Minnesota – [Xcel Energy Center](#)

**Saturday, March 16, 2024**

3:30 p.m. ET – New York at Minnesota – [Xcel Energy Center](#)

Time TBA – Ottawa at Boston – Venue TBA

Time TBA – Toronto at Montreal – Venue TBA

**Wednesday, March 20, 2024**

7:00 p.m. ET – Boston at Toronto – [Mattamy Athletic Centre](#)

7:00 p.m. ET – Ottawa at New York – [Total Mortgage Arena](#)

**Saturday, March 23, 2024**

3:30 p.m. ET – Toronto at Ottawa – [The Arena at TD Place](#)

**Sunday, March 24, 2024**

4:00 p.m. ET – Montreal at Minnesota – [Xcel Energy Center](#)

**Monday, March 25, 2024**

7:00 p.m. ET – Boston at New York – [UBS Arena](#)

***IIHF WOMEN'S WORLD CHAMPIONSHIP***

**Thursday, April 18, 2024**

7:00 p.m. ET – Toronto at Boston – [Tsongas Center at UMass Lowell](#)

**Friday, April 19, 2024**

7:00 p.m. ET – New York at Montreal – [Verdun Auditorium](#)

**Saturday, April 20, 2024**

3:30 p.m. ET – Minnesota at Ottawa – Venue TBA

**Sunday, April 21, 2024**

Time TBA – Toronto at Montreal – [Verdun Auditorium](#)

Time TBA – Boston at New York – Venue TBA

**Wednesday, April 24, 2024**

Time TBA – Boston at Ottawa – Venue TBA

7:00 p.m. ET – Minnesota at Montreal – [Verdun Auditorium](#)

7:00 p.m. ET – Toronto at New York – [Total Mortgage Arena](#)

**Saturday, April 27, 2024**

Time TBA – Boston at Minnesota – Venue TBA  
3:30 p.m. ET – Montreal at Ottawa – Venue TBA

**Tuesday, April 30, 2024**

Time TBA – Ottawa at New York – Venue TBA

**Wednesday, May 1, 2024**

7:30 p.m. ET – Minnesota at Toronto – [Mattamy Athletic Centre](#)

**Saturday, May 4, 2024**

3:30 p.m. ET – Montreal at Boston – [Tsongas Center at UMass Lowell](#)  
Time TBA – Minnesota at New York – Venue TBA

**Sunday, May 5, 2024**

Time TBA – Ottawa at Toronto – [Mattamy Athletic Centre](#)

Follow the PWHL on all social media platforms @[thepwhlofficial](#) plus all six team accounts @[pwhl\\_boston](#), @[pwhl\\_minnesota](#), @[pwhl\\_montreal](#), @[pwhl\\_newyork](#), @[pwhl\\_ottawa](#), and @[pwhl\\_toronto](#).

**About UBS Arena**

UBS Arena is made for music and built for hockey. New York's newest premier entertainment and sports venue and home of the New York Islanders is developed in partnership with Oak View Group, the New York Islanders, and Jeff Wilpon. The state of the art arena opened in November 2021 and has welcomed numerous top artists including Harry Styles, Sebastian Maniscalco, Billie Eilish, Dua Lipa, TWICE, Eagles, John Mayer, Kendrick Lamar and Post Malone. The venue delivers an unmatched live entertainment experience for guests including clear sightlines and premier acoustics.

UBS Arena is at the forefront of sustainability, being awarded LEED Green Building Certification in January 2023. The venue also achieved carbon neutrality for operations in Fall 2022 which made it the first arena to do so on the eastern United States seaboard. For more information on the venue's sustainability efforts, please visit [UBSArena.com/sustainability](#).

Located on the historic grounds of Belmont Park, UBS Arena is located just 30 minutes by LIRR from Grand Central or Penn Station and is easily accessible from across the region via mass transit or car. To plan your trip, please visit [UBSArena.com/plan-your-trip](#).

For additional information, please visit [UBSArena.com](#) or @UBSArena on Facebook, Instagram and Twitter.

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